Good Tidings

October 2023



Arnold Mills United Methodist Church

Rev. Heather R. Bailes Baker

Web Page: www.amumc.org Phone: 401-333-5203 email: office.amumc@gmail.com

A note from our pastor...

Beautiful Beloveds,

I scream, you scream, we all scream for STEWARDSHIP!! No? Let's go out for ice cream instead and forget all about it.

There's something about stewardship season that suddenly reminds many of us that we have plans that will keep us out of church every Sunday of month. What is it about money that's so hard to talk about?

Money is a part of our lives. Pretty early in life, we learn money is nice to have and can be used to get the things we need. We learn from our families of origin, our spouses, our employers that money is a tool, a burden, a reward, a gift, etc. and so on. Talking about money can seem gauche, feel vulnerable, and is often just generally uncomfortable.

Even though we use money almost daily, we don't talk about it very often, and certainly not comfortably. Even though 75% of Americans are in debt, we treat is as a state secret, giving it the power to shame and control us. What if, together, we took some of money's power and hold over us away. Let's reflect together, on the stories we have heard and told about money. Let's remember together the first time we were paid, and what that felt like. Let's release our fears and the hold money has over us. Let's reimagine our relationship to money, seeing it as a tool to build the kingdom, rather than our lord and master. Let's restore our relationships to God and one another, and restore money to it's rightful place in our priorities and values.

It's tempting to skip stewardship season, but I invite you to dive into the deep end. Come every Sunday and hear the stories of fellow members. Pick up a copy of our study journal. May the many questions and prayer prompts of the series invite you into closer relationship with God and to experience the transformational power of extravagant generosity.

Peace,

Pastor Heather

PS. One more invitation...if you're going through something challenging financially and you're feeling stressed, anxious or afraid (or anything else), I'm here to listen. While I'm not a financial advisor, I am a prayerful listener. I can listen and learn with you, as we seek ways to move through the challenge together. You are not alone.

Coming This Month in Worship – Our Money Story

Our Stewardship Series, "Our Money Story," invites us to discover and tell our money stories in light of God's money story of liberation and love. There will be art, poetry and devotional books to help us think and pray about how we relate to money and God's generosity.

October 8: Remember

Exodus 16: 1-18 & Luke 22:1-23

October 15: Release

Matthew 19: 16-22 & Deut 15: 1-11

October 22: Reimagine

Mark 12: 38-44 &

Leviticus 19: 9-10, 25: 8-12

October: 29 Restore

John 21: 1-19 & Genesis 33: 1-17

Holiday Fair - Fun and Fellowship!

Mark your calendars for the Fair which will be held on Saturday, November 11th this year.

During October, here's how you can help out!

- Donate needed supplies for apple pie and candy making (lists available at church).
- Attend an activity—pie making, stained glass candy making, friendship soup mix assembly.
- Pack up your timeless treasurers (gently used nice items) and books to be donated. They can be left downstairs in the adult study room.
- Find a new or classic item to donate to the Silent Auction table. This is a great way to regift something you don't use or need! Gift cards and themed baskets are also welcome.
- Continue craft making, sewing, knitting, painting, etc.
- Look for plants and other plant related items to donate.

Thank you to everyone who has signed up for a pre-Fair activity and everyone who has signed up to volunteer the day of the Fair!

Arnold Mills Cemetery Trivia

Karl Ikerman

This is the season why the whole world prepares for change and the unexpected. Plants go into a dormant state, animals gather food, birds tend to go south (humans too). People gather warmer clothes, stack firewood, insulate the house and prepare the car.

As we age we should also prepare for the unexpected which includes "sprouting wings". Our loved ones do not need the added agony and grief of selecting burial arrangements. It is less expensive and a big relief for your survivors if you prepare for the next season of your life NOW!

Come to the (Coffee) Table

Join Pastor Heather for a cup of coffee and conversation on Sunday mornings 9:00—9:45am. Come with questions or just come for the coffee. Come ask for prayer or for cream and sugar. Come and share how your week is going or just sit quietly for a moment. Come to the (coffee) table and connect.

We'll continue this through October 1. If you'd like it to continue longer, please let Pastor Heather know.

Why are we here? What is our purpose?

The people of Arnold Mills United Methodist will gather to ponder, pray, and listen for God's voice as we consider what it means to "BE the Church," in the 21st century. Join council members and leaders as we ask and answer important questions about who we are, and who we want to be in such a time as this.

Join us **October 14, 10am-2pm, in Bristol, RI** for visioning, discerning, learning and of course, eating together! Our time will be led by Betsy Waters, member of the New England Parish Consultants Network.

7pm Wednesday Night Study — Join us on Zoom

Feeding Our Faith (A Study of Communion)

October 4—Welcome the Stranger with Parker Palmer

October 11— Soup Assembly, no study on Zoom

October 18—Hospitality and Salvation

October 25—Bread and Wine

Each week we watch a stand-alone video, which invites us to think about communion in a different way. We consider what communion is, what it means to give and receive, and how our neighbors at the table affect our conversation. Join us for one week or all of them.

As part of our commitment to justice, our church is now selling Fair Trade Coffee, partnering with Equal Exchange. We're offering fairly traded, organic coffee and tea. This month, we'll add chocolate too.

A new order is on it's way! We will soon be selling:



French Roast Ground & Whole
Bean Coffee
Columbian Ground Coffee
Decaf Coffee
English Breakfast Tea
Irish Breakfast tea
All coffee is \$10/bag. Tea is \$4/box.

Make checks payable to AMUMC,

Memo: Fair Trade

Check the coat room to see what we have available today! If you have special requests, questions or suggestions, please contact Pastor Heather or George Jutras, office.amumc@gmail.com.

Coffee sales benefit our church and small coffee growers, and help build justice in the world.

Holiday Fair 2023





Holiday Fair

Wednesday, October 11 - Fran Carr 7:00 PM – Soup Assembly - Kitchen

Saturday, October 21 - Laura Thompson 9:00 AM – Candy Making - Kitchen

Sunday, October 22 - Laura Thompson 12:00 PM – Candy Making - Kitchen

Wednesday, October 25 - Sue Therien/Cindy Moser 6:00 PM - Pie Making - Kitchen

Saturday, October 28 - Sue Therien/Cindy Moser 9:00 AM – Pie Assembly - Kitchen

Monday, November 6-Friday, November 10
-Lindsay Gettinger
All Day – Timeless Treasures Setup - Cargill Hall

Donations Needed!

The Apple Pie Team would appreciate any donations of Crisco and flour. You can leave them in the back kitchen of the church up until Sunday October 22.

The Candy Making Team would appreciate any donations of Karo syrup, granulated, sugar, and confectionery sugar.

Thank A Service Member



Dave Raymond will be collecting Christmas cards for the Veterans Home residents in Bristol. Church members and the public will write greetings in them at the Holiday Fair on Veterans Day Nov.11. Please place the cards on the table under the mirror in the coat room for him to collect.

Dave also wants AMUMC to honor past and present Military members of the AMUMC family. Please provide an information printout and a photo if available to be displayed on an Honor Board at the Holiday Fair on Nov. 11 and Service Nov. 12. Veterans might include personal experience information with the info.

PAYING TRIBUTE TO Place the sealed envelopes on the table under the mirror in the coat room.

Please provide the info BY SUNDAY NOV.05...

Email Dave Raymond at dnraymond52@gmail.com if you have any questions.

Missions Committee Newsletter Report October 2023

Meals in the Park

On September 24th we served 165 meals on this rainy Sunday. We mixed up the menu to fit the weather. Tami made a yummy soup and we made meatball and sausages over pasta. Since I had already purchased pounds of carrots celery peppers and onions, these vegetables got chopped fine cooked to a puree and added to the spaghetti sauce. The desserts were delicious and are gone! We are heading back to the park in just three weeks on **October 15th**. Thank you for your continued support of this ministry. Any questions, please contact Karen Oswain at KKoswain@netscape.net; 401-749-3609. Thank you. Karen Oswain.

<u>The Franklin Farm Community Garden and the Historic Metcalf-Franklin Farm Preservation</u> Association

The volunteers at Franklin Farm have donated over 32,000 pounds of summer squash, cucumbers, zucchini, eggplant, tomatoes and additional vegetables to the RI Community Food Bank and the Northern RI Food Pantry, the Salvation Army of Pawtucket, the Pawtucket Soup Kitchen, the Connecting for Children and Families Food Pantry in Woonsocket, the Progreso Latino in Central Falls and the New Beginnings Kitchen also in Woonsocket. The harvesting has been completed as the volunteers prepare the garden areas for the winter. The sixth Harvest Festival was held on Saturday September 30th. Hopefully AMUMC members were able to enjoy the festivities. Any questions, please contact Pam or Chip Thurlow; 401-333-1235, thurlowcp@gmail.com

Habitat for Humanity

Habitat for Humanity Northern RI and West Bay Affiliate is celebrating their 30-year anniversary this year! The current project is to erect **two** duplexes at **83 & 85 Oakland School Street in Burrillville**, **RI.** The first duplex has been approved for occupancy! The second duplex foundation was installed and in the next few weeks volunteer groups can be assigned the various construction tasks. **We will notify AMUMC volunteers when we can return to the work site as we have done previously.**

Cintas Clothing Donation and the St. James Episcopal Church Clothing Closet

The twice monthly clothing donations continue from the Cintas Warehouse in Woonsocket to the St. James Church clothing closet. The delivery schedule is posted in the coat room. Our volunteer coordinators provide the largest clothing donations to the St. James Clothing Closet! **The Clothing Closet is requesting donations of children's clothing.** Those items can be placed in the hallway at our church and they will be delivered to St. James Church by our volunteers.

Dave's Marketplace Day Old Bakery Donations

Since 2016, volunteers from AMUMC have transported day old baked goods three times each week to the Cumberland Senior Center, the Northern RI Food Pantry or the Woonsocket Shelter. The schedule of the three donations each week and the many volunteers making the deliveries is posted on the bulletin board in the coat room.

The Woonsocket Shelter

The Woonsocket Shelter has received donations of persons care items and household items (sheets, towels, quilts, curtains, etc.) for families to relocate into independent living when they leave the shelter. In addition, AMUMC volunteers have been donating day old baked goods from area supermarkets – currently Dave's Marketplace – for over 15 years to the shelter. On Fridays, Elton and Rachel Odom make the weekly deliveries to the Shelter.

Chip Thurlow,

Chairperson, AMUMC Missions and Social Concerns Committee



Tips for October 2023

500,000 school days missed annually by U.S. children are due to pollution from burning fossil fuels. Sick children mean parents miss work. Missing work often means no wages. Missing too frequently may mean no job. People who live closest to toxin-spewing plants pay a heavier price than those who have resources to live elsewhere. **Justice requires action to stop air pollution.** Find likeminded help at Moms Clean Air Force.

Rather than collecting and bagging your leaves, **mow over the fallen leaves**. By mulching them in place, you return their nutrients to your lawn, and you avoid adding to a landfill.

When **shopping online**, **go for a "two-for."** Look for both the product you want and for a provider that cares for creation. Some companies donate a percentage of profits to ocean clean up or planting trees, for example. Some start with sustainable materials and ethical practices. Read the "About" on the website. Support those providers.

Commit to **reuse**, **repair**, **and recycle** in the present rather than discard, despoil, and destroy our future. Do it for the children and grandchildren you know and love. Browse online for <u>bumper stickers</u> for recycling or climate change.

Choose bamboo. It's <u>sustainable</u>—a resource that is fastest growing, self-renewing, water conserving, carbon sequestering, poverty reducing, and more. It's <u>versatile</u>—used in personal care products, clothing, musical instruments, building materials, paper, towels, sheets, recreational equipment, furniture, and more.

When God called Moses to rescue God's people, God reminded this very unlikely candidate for leadership that he was standing on "holy ground" (Exodus 3:1-12). Like Moses, we may feel overwhelmed and inadequate to answer the call to creation justice, but **God assured him—and us—"I will be with you."** Where is God calling you?

More cities are adopting <u>Zero Waste</u> goals and policies, proving that the investment and efforts are making a difference. Providing curbside organics collection and food scrap drop-off sites, New York City, for example, is keeping 11,000 tons of food waste a day out of landfills. **Urge your local government to go Zero Waste.**

For retailers Christmas has started. How many catalogs have you received already? Put a stop to any you choose. **Call the company and tell them to take you off their list** immediately and forever. You'll save trees, emissions, and annoyance—a 3-for-1 call! A bargain!

October 9, 2023, is <u>Indigenous Peoples Day</u>, recognizing the contributions of native peoples, including how to **live in harmony with nature**. United Methodist Social Principles affirm their witness. Learn about and use these "10 Traditional Native American Gardening Techniques."

Halloween looks scary stuff in the eye and laughs at it, taking away its power. For your family's celebration take away some of the scariness of our time by creating costumes out of clothing and accessories you already own or that you can purchase inexpensively from a thrift shop or swap with friends. Trash the scary one-and-done syndrome, **keep cheap costumes out of the landfill**, and have a good laugh!

The United Methodist Creation Justice Movement is providing these Tips as a tool to equip church members, families, and individuals to respond to God's call to care for creation and do justice with our neighbors. For more about the UM Creation Justice Movement, go to umcreationjustice.org.

Church School News



Important Dates

October 1: Communion Sunday, children will begin downstairs in church school.

Sunday School Registration

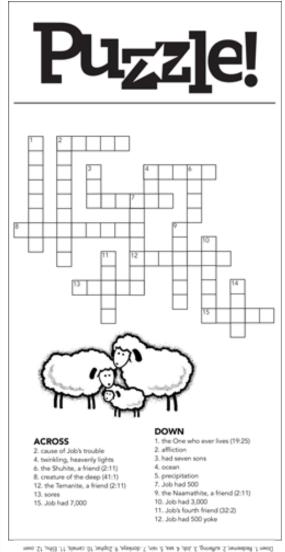
To register go to the Children & Youth page under Education on the church website (amumc.org). You will find a form you can print and fill in and an online form if you prefer registering online. Use either one to register.

Towards the end of October, the children will begin their second unit called, Living God's Word: Forgiveness.

Bible Verse: Here, O Israel: The Lord is our God, the Lord alone. You shall love the Lord your God with all your heart, and with all your soul, and with all your might.

(Deuteronomy 6:4-5)

Main Idea: The Bible is the special book of our faith and contains God's teachings that help us to know how God wants us to live. The children will learn that when they read the Bible, they can discover what God expects them to do and be.





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https://my.amplifymedia.com/arnoldmillsumccumberlandri

Access Code: DTLSGY

SPRC News

Our committee includes Stacey Johnson, Lee Ann Cotta, Cindy Mauch, Sue Therien, and Olivia Carney. (Updated 6/6/23)

If you have any questions, comments or concerns having to do with the staff of the parish feel free to see any member of the committee or you can email us at amumcsprc@gmail.com



Arnold Mills UMC's Social Media

Find us on social media!

We are on Facebook and on Instagram.

Facebook at https://www.facebook.com/Arnold-Mills-United-Methodist-Church-115722435105941
Twitter at https://twitter.com/ArnoldMills_UMC

Instagram at https://www.instagram.com/arnold_mills_umc Listen to sermons on our website at http://www.amumc.org

Prayer Requests

Prayer requests are sent out each week to every address on our email list. We understand that not everyone who asks for prayer in worship during "Sharing Our Joys and Concerns" wishes to have that information shared on the email blast. If you would like to have a prayer request included in the weekly email, please use the "Prayer Request" form on the table in the back of the sanctuary, call the office at 401-333-5203, or email office.amumc@gmail.com. Prayer requests will remain on the prayer list for one month. If you would like a prayer request to remain longer, just let us know.

AMUMC Upcoming Events October

Sunday Oct 1: World Communion Sunday

Monday Oct 9: Columbus Day

Wednesday Oct 11: Soup Assembly

Thursday Oct 12: Trustees Meeting

Saturday Oct 14: Church Visioning Retreat

Thursday Oct 19: Cemetery Committee Meeting

Saturday Oct 21: Candy Making

Sunday Oct 22: Candy Making

Wednesday Oct 25: Pie Making

Saturday Oct 28: Pie Assembly

Tuesday Oct 31: Halloween

Remember, Worship Time changed to 10:00 AM on September 10th!

The Church Calendar is available at amumc.org under Church News.





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E-mail: office.amumc@gmail.com Rev. Heather R. Bailes Baker



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You are welcome. Join us for Worship on Sunday!

Worship and Church School begin at 10am in the sanctuary

Livestreaming of our worship service will be available during the service for those who do not attend the service in person. After each service the video will be archived for viewing anytime.

Check out our webpage at www.amumc.org