

March 2024



### Arnold Mills United Methodist Church

Rev. Heather R. Bailes Baker

Web Page: www.amumc.org

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#### A note from our pastor...

Beautiful Beloveds,

Walking the dog, I was delighted to see daffodils beginning to come up out of the winter ground. Their green leaves, reaching up toward the sun, promising yellow blooms in the days to come, lift my heart and spirit. What's lifting your heart these days?

As March begins we are half-way on our Lenten journey, and we continue to ask ourselves, "what r u up 2?" I hope something in our series has helped your spirit soar. Maybe a new spiritual practice you've picked up, a weighty worry or habit you've given up, scenes from "Up," that leave you choked up, or waiting to find out what new song Joey and our choir comes up with to help us all soar to the heavens. I pray you're finding new and familiar ways to be up to something good.

Our journey continues onward and upward through Holy Week and on to Easter. Show up for the passion of Holy Week. On Palm Sunday, March 24, we'll "Sit Up," and take notice of a new kind of king. Wednesday-Saturday we'll set up a special prayer walk with self-guided stations in Cargill Hall. Then on Holy Thursday, March 28, at 7pm, we'll join up with other Rhode Island United Methodists at Shepherd of the Valley. Bishop Peggy Johnson will preach. Good Friday, we'll be back at AMUMC, for "upending" worship at 7pm. And, March 31, we'll celebrate Easter and the Risen One!

In the midst of our Lenten journey, I hope you've noticed our church is up to something. Our Reconciling Team is building up momentum as we explore our intentional, explicit welcome of all God's children: lesbian, gay, bisexual, transgender and every beautiful expression of human sexuality and identity. Our Solar and Heat Pump Committee is exploring how our church can increase our stewardship of God's resources by putting up solar panels. Our mission committee is up to good here, there, and everywhere with a variety of projects building up our community. Our Church School is learning more about how our love of God and neighbor are bound up in each other. Our Sunday morning hospitality team is continually working to lift our welcome, so that all who walk through our doors are caught up in our radical hospitality. Our safety and security team has almost wrapped up their work and training on our new protocols is up and coming. As our culture and community change, it may feel like we're up against many challenges. The work of these teams and others remind us, with God's help, we're up to something good.

Love and peace,

Spather R Failes Edu

Pastor Heather

# **Coming Soon in Worship**

March 3 | Third Sunday of Lent Communion "Raise Up" John 2: 13-22

March 10 | Fourth Sunday of Lent "Light Up" John 3: 14-21

March 17 | Fifth Sunday of Lent "Lift Up" John 12: 20-33

Holy Week Begins March 24 Self Guided Prayer Stations will be set up in Cargill Call, Wednesday — Saturday March 24 | Palm Sunday Sit Up John 12: 12-16

March 28 | Holy Thursday Worship — 7pm Hosted by Shepherd of the Valley UMC Bishop Peggy Johnson preaching 604 Seven Mile Rd, Hope, RI

March 29 | Good Friday Worship - 7pm AMUMC

March 31 | Easter "Look Up" Mark 16: 1-8 & Acts 10: 34-43

### 7pm Wednesday Night Study — March 6 & 13 Led by Dr. Adama Brown

After rigorously examining the clobber passages, now we're looking for love. Join us for fun conversation and a deeper understanding of God's love for you and all God's children.

No Study, March 20 and 27.

Join us in April for a Book Study, featuring a book written by one of our United Methodist Bishops.

Join Zoom Meeting https://us02web.zoom.us/j/839125938 Meeting ID: 839 125 938 **Our church is up to lots of things:** Lent, Reconciling Ministries, Solar Panels, Creation Care, etc.

Our denomination is up to lots of things: disafilliations, General Conference, and amazing missions and ministries across our global connection.

Need to ask a question or talk about it? Make an appointment with Pastor Heather to chat in her office, schedule a visit to your home, or meet somewhere off campus for a walk, a cup of coffee, or sit and talk. Email, Call or text, 774.994.3645.

#### Or stop by Phantom Farms Wednesdays at 11

Meet Pastor Heather, Wednesdays at 11am for conversation and connections over coffee. No agenda. Come and chat. Catch up on anything going on in your life or our community.

Phantom Farms, 2920 Diamond Hill Rd, Cumberland



As part of our commitment to justice, our church is selling Equal Exchange Fair Trade Coffee and Tea.

We are currently selling:

Organic Ground Coffee — \$10/bag Chocolate Bars — \$3/bar Organic Tea — \$4/box

#### Make checks payable to AMUMC, Memo: Fair Trade

Check the coat room to see what we have available today! If you have special requests,

questions or suggestions, please contact Pastor Heather or George Jutras, office.amumc@gmail.com .

Coffee sales benefit our church and small coffee growers, and help build justice in the world. Buying Equal Exchange Fair Trade products supports:

- Regenerative agriculture, helping farmers combat climate change.
- Gender equity, workshops and youth empowerment programs strengthen farmer co-ops.
- Pre-harvest financing, allows for dependable livelihood.

## A message from Dave Larson and the Social Justice Team

Hey Arnold Mills - Shake off those winter/Lenten blues and get active for Social Justice. Do you ever see a news item, or a social media post, and think *"that just isnt' fair!"* or *"I wish things were differ-ent!"*? Well, it probably isn't fair, and things <u>can</u> be different. As we strive to follow Jesus and do all the good we can in every way and place possible - getting active in social justice is a way to make change happen and improve your outlook. Find that issue or cause that you feel passionate about, and take the first step. **The Social Justice Team will have a table at coffee hour on March 10th** to get you started. Come and find out who your legislators are, what the RI State legislature is working on this year, and how you can make your voice heard. You can contact elected leaders about issues such as:

- providing free school meals for RI children
- providing easier access to mental health and substance abuse services
- lowering utility costs for low income households
- reducing gun violence
- providing bail reform
- regulating the use of solitary confinement in prisons.

#### and so much more!

Can't wait that long to get involved? Here are some advocacy opportunities in the first week of March:

Participate in the <u>RI Poor People's Campaign</u> rally at the State House on **Saturday, March 2**, **2024.** You can either meet Dave Larson and others at Gloria Dei church across from the Providence Place Mall between 10:00 and 10:45 and march to the State House, or you can just meet the march at the State House - City side - around 11:00. You will meet fellow advocates, get some fresh air, hear some inspiring speakers, and get up close and personal with our beautiful State House.

Provide written testimony (email works great!) by March 6th, or testify in person on March 7th in support of <u>House Bill 7400</u> which would establish new programs for free breakfast and lunch meals in all public schools. <u>Representative Alex Marszalkowski</u> is the rep for many of us here in Cumberland, and he is on the House Finance Committee where this testimony will be heard. We could use some personal stories of how poverty affects learning and the importance of free school meals.

**Express your faith through advocacy!** There are so many ways you can contribute - from simply sending emails to reps/senators and legislative leaders to showing up at the State House for rallies and hearings. Come see us on March 10th, or reach out to us any time via Dave Larson (cell 401-225-9530 or <u>ADL21412@gmail.com</u>).

## **Arnold Mills Cemetery Trivia**

Karl Ikerman

Did you know that the Margaret Sterns Section is fully sprinkled with our own well system? You can see the Pawtucket reservoir behind the church and ball field. So how deep is the well? 10% off your next purchase if you guess correctly. Call Karl at 401-374-2972 with your answer. Actual answer will be published in the April newsletter.

# **Trustee Committee Update**

The Trustee Committee met on Thursday, February 8, 2024 at 6:00 P.M.

The meeting started with the annual review of the church's portfolio of investments managed by Rockland Trust. Our guests from Rockland were Mary Friel and Paula Murphy. It was reported that the investments follow the guidelines of the UMC policy and that no changes were recommended at this time. Despite large withdrawals in 2023 for capital expenses, the funds have continued to grow. Looking toward possible sustainability projects in 2024, it was decided to keep some of the funds liquid and add to that amount as bonds matured.

In other news, the following reports were made:

- Tom Cabana has purchased the paint so that Ross Hancock may start giving the pews in the sanctuary a fresh coat of paint.

- A new donation, earmarked for the sustainability project, has been received and was gratefully appreciated. Dave Larson's committee is in the process of gathering quotes for the insulation work to be done.

- Replacing the children's swing set was put back on the "springtime is coming" agenda.

- Whether or not to sealcoat the new parking lot pavement was tabled until all trustees were present. - Tree and electrical projects at the parsonage have been completed.

But, now the lamppost is no longer working. Stanley Tree Service and Eastland Electric will be consulted.

- The basement sump pump in the parsonage was replaced by Sam Baker and George Gettinger. A new shop vac and plastic shelves were bought by the trustees for future rainstorms.

- The "AMUMC Wedding Packet" was reviewed and the language updated.

- The possibility of allowing the Town of Cumberland to use Cargill Hall as a polling location in September and November was discussed but opinions were mixed. It was decided to send the information to all trustees and take a vote by email.

- Mark Farnell reported that AMUMC received a \$1065 donation from the Arnold Mills Cemetery Association.

- The AMUMC TRUSTEE MANUAL was distributed to all members. Please see Lindsay Gettinger for a copy if you are interested in knowing just what this committee handles and all the professional resources used.

- Items for attention are still a bike rack, handrail evaluations, and a pew wheelchair cutout in the sanctuary.

- Thanks were expressed to Tom Hetherington for substituting as our secretary.

- The next meeting will be held on March 14, 2024 at 6:30 P.M.

Respectfully submitted,

Lindsay Gettinger, Fran Carr, Scott Murphy, Tom Cabana, Dave Larson, Tom Hetherington, Mark Farnell

# Why am I here? - LeeAnn Cotta

Why am I here? You have been hearing this question answered over the past few weeks. My initial reason is not all that different from what others have said. When I was looking for a church to bring my young family to, over thirty years ago, I first went to a Congregational church because that was the denomination I was brought up in. I visited the local church several times over the course of a year and never once felt as though I found the place that I wanted to be a part of. Why? Because I never felt welcomed. It was my mom who suggested I try visiting other churches in the area, even if it was not a congregational church. My first thought was that 'pretty Methodist church' on Nate Whipple Highway. It reminded me of the church I grew up in. Every interaction I had with the people of AMUMC was warm, friendly, and welcoming, beginning with my initial phone call to the church secretary, to the lovely women in the toddler room, to the usher who made sure to seat me with a friendly couple, and most importantly to the wonderful congregation who made my daughter and I feel welcomed and included when we walked through the doors of Cargill Hall. I had found my church.

So why am I still here? The answer simply is, that we are still that wonderful church we were 30 years ago. So why do I feel it is so important that we be a reconciling church? I want every person who enters the doors of our amazing church to feel the way I did so many years ago. In my role as Christian Education Chair, and as a church school teacher, I have had the opportunity to meet most of the wonderful families that have come looking for a church of their own. One of the most memorable interactions I had was with the mom of a new student. When she came to pick up her child, she asked me if her child told me that she has two moms. I said, "No she didn't." She then immediately followed up with, "Will that be a problem?" I then responded with a resounding "No, not at all!" It was in, that moment that I realized that no matter how warm and friendly we are when new people walk through our doors, they really don't know "how welcome" they are. It made me sad that this wonderful mom had to ask if she and her child would be welcome at this church because someone may not be comfortable with what may be thought of as their unconventional family. It was really at this moment that I thought, wow, we really need to do more so the LGBTQ+ community knows before they walk through our doors, that they are truly welcome in every sense of the word.

## **School Supply Donation Program**

The response to the donations of teaching supplies has been very generous – so far! Thank you!

We have created a chart of the 15 elementary schools in Cumberland, Lincoln and Woonsocket. We will expand the offerings for specific schools requested by, or affiliated with, AMUMC members. We plan to make donations to all of those schools in a systematic manner. So far, we have made donations to four schools and thank you cards are posted on the bulletin board in the coat room. We look forward to ongoing donations that we can distribute to the remaining schools. This is especially important because the teaching staff in many schools provide various supplies for their classrooms that are not covered in the school budgets. Those out-of-pocket purchases benefit their students. A basket is in the hallway next to the display case and the other donation baskets.

Suggested items for classroom support:

- small laptop headphones with auxiliary cords (Like the kind used on airplane video devices)
- computer paper
- glue (sticks and bottles)
- poster boards
- pencils, colored pencils, erasable markers
- folders and notebooks (any subject, any type)
- large chart paper

Any questions, contact Chip Thurlow; thurlowcp@aol.com; 401-333-1235 (H)



**Collected Donations** 



Donations for each School



Miki (Therien) Nunes – Teacher at Woonsocket Citizens Elementary School

## What is the Reconciliation Team UP to?????



In keeping with our Lenten theme, the Reconciliation Team would like to make sure you know what we have been UP to! **EDUCATION:** We just started our second Bible Study led by Adama Brown focusing on passages where God's love for all is evident. We kicked off our studies with the "Clobber Passages" which was difficult yet educational for all who attended. These Bible Studies are open to everyone and happen on Wednesday evenings via zoom starting at 7:00 PM. We have also made a resource center in the library with various books for people to borrow and read as well as an informational bulletin board in Cargill Hall. **ASK ME ANYTHING:** Members of the team have been sitting at a table during coffee hour welcoming conversation and questions about the Reconciling process and what it means. We will be hosting coffee

hour on Palm Sunday and available throughout as well. Pastor Heather can be found at Phantom Farms on Wednesday mornings to discuss any and all topics more intimately including what it means to be a Reconciling Church. **GUEST PREACHER:** We are very excited to host Reverend Mary Johnson, the wife of Bishop Johnson on Sunday April 7<sup>th</sup>! This is an honor for the Amazing Arnold Mills and one to look forward to. **SHARING:** We have committee members sharing their WHY for joining AMUMC during church services as well as in the newsletter. **TEMPERATURE TAKING:** We will be sending out a short survey to help us know how the congregation feels about the Reconciliation process as well as have pins throughout the church for people to take to show their support. We will hold a formal vote around the end of May of church members and if we get a 75% affirmation from the church body, we will add ourselves to the growing list of Reconciling Congregations! As a reminder, the committee members include Lee Ann Cotta, Stacey Johnson, Alex Kithes, and Dave Larson under the supportive leadership of Rev. Dr. Adama Brown and Rev. Heather Bailes Baker. More information about the Reconciling Ministry Network can be found at <u>rmnetwork.org</u>.

## UMCOR Sunday March 10, 2024



'he people of The United Methodist Church'

YOUR DONATION CHANGES THE WORLD ONE LIFE AT A TIME GIVE TO YOUR CHURCH: Make checks payable to your local church or donate online via credit/debit card at ResourceUMC.org/SSGive



## WHAT IS UMCOR SUNDAY?

This Special Sunday is a denomination wide celebration designed to raise awareness and support for the ministry of The United Methodist Committee on Relief – otherwise known as UMCOR. The UMCOR Sunday offering underwrites UMCOR's administrative costs to ensure 100% of gifts given for humanitarian response and recovery go directly to communities in need. These gifts ensure UMCOR can respond swiftly to disasters around the world and represent hope and healing to those most vulnerable. Gifts can be made <u>online</u>, or by check to local churches.

You can support this Special Sunday

by giving online at <u>UMC.org/SSGive</u>, through your local United Methodist Church or mail a check to: GCFA.

P.O. Box 340029, Nashville, TN 37203

For mailed checks, please include "UMCOR Sunday" in the note section.

### Missions Committee Newsletter Report March 2024

#### Meals in the Park

On **February 18th** we served our guests shepherd's pie, Venus Di Milo soup and desserts. We were joined by the confirmation class of Our Lady of Fatima and the kids helped to package the meal and hand it out. The gallon freezer bags used to keep the desserts fresh are on the back counter please feel free to take them and reuse them. We continue to need plastic bags or paper bags with handles for our **April 14th and May 5th** meals. Any questions, please contact Karen Oswain Kkoswain@netscape.net; 401-749-3609.



#### School Supplies Donations

Due to the need to supplement supplies for local area schools, many of the teaching staff purchase those supplies at their own expense. A basket is in the hallway for us to donate the needed supplies that we can systematically distribute to local schools. Suggested items for classroom support: small laptop headphones with auxiliary cords (like the kind used on airplane video devices); computer paper; glue (sticks and bottles); poster boards; pencils, colored pencils, erasable markers; folders and notebooks (any subject, any type); large chart paper. The elementary schools in Cumberland, Lincoln and Woonsocket have been listed as recipients for this ongoing project. The beginning donations went to Community School and Amy Parent at the Garvin School in Cumberland and to Miki Nunes in Woonsocket. Thank you cards are on the Bulletin Board in the Coat Room. Any questions, contact Chip Thurlow; thurlowcp@aol.com; 401-333-1235.

#### Habitat for Humanity

The new duplex project is to erect **two** residences for military veteran families at **57 & 59 Oakland School Street in Burrillville, RI.** The second duplex foundation is now ready for volunteers to work installing the exterior siding and interior framing. Any questions, contact Chip Thurlow; <u>thurlowcp@aol.com</u>; 401-333-1235



Chip Thurlow, John Schmalz and George Gettinger



John and George working on installing the vaper barrier

#### **Ongoing Service Activities:**

The Franklin Farm Community Garden and the Historic Metcalf-Franklin Farm Preservation Association The volunteers at Franklin Farm have completed the 2023 harvest season! The gardening areas are sleeping for the upcoming cold season and the Winter Rye has germinated to prevent erosion and enrich the soil when it is plowed in in the Spring. The trails and fields are still available for visitors to wander around and enjoy the beautiful open space. Any questions, contact Pam and Chip Thurlow: <u>thurlowcp@gmail.com</u>; 401-333-1235.

#### Cintas Clothing Donation and the St. James Episcopal Church Clothing Closet

The twice monthly clothing donations continue from the Cintas Warehouse in Woonsocket to the St. James Church clothing closet. The delivery schedule is posted in the coat room. They are also requesting the donations of children's clothing for distribution to needy families. Those items can be placed in the hallway at our church and they will be delivered to St. James Church by our volunteers.

#### Dave's Marketplace Day Old Bakery Donations

Since 2016, volunteers from AMUMC have transported day old baked goods three times each week to the Cumberland Senior Center, the Northern RI Food Pantry or the Woonsocket Shelter. The schedule of the three donations each week and the many volunteers making the deliveries is posted on the bulletin board in the coat room.

#### The Woonsocket Shelter

The Woonsocket Shelter has received donations of persons care items and household items (sheets, towels, quilts, curtains, etc.) for families to relocate into independent living when they leave the shelter. In addition, AMUMC volunteers have been donating day old baked goods from area supermarkets – currently Dave's Marketplace – for over 15 years to the shelter. On Fridays, Elton and Rachel Odom make the weekly deliveries to the Shelter.

#### Chip Thurlow,

Chairperson, AMUMC Missions and Social Concerns Committee



# Tips for March 2024

Urban community gardens provide food, address food insecurity, and increase well-being for gardeners. <u>Research</u> shows they also support plant and animal biodiversity—a win-win. **Consider the potential in your own or your church's land.** Or find a community garden and volunteer.

**Track the sun at your home and plan to grow something**. For example, Minneapolis has numerous front-yard gardens, which provide the added benefit of opportunities to connect with neighbors to share the food, to perhaps share the work, and to build community.

**Connect children to nature through a pizza garden**. Engage young ones in planning, planting, and watching the growth of tomatoes, peppers, onions, and herbs. At the ripe time, have a home-made pizza party. Offer a blessing and so connect children to the Giver of all growth.

Plan to **observe Earth Hour Saturday**, March 23, from 8:30 pm to 9:30 pm local time. Along with millions of other people around the world, switch off every single light and talk about being good stewards of the Earth. Think together about what you individually, as a family, or as a church community can commit to doing for a sustainable future.

**Investigate solar** for your home, business, and <u>church</u>. New <u>funding</u> is now available, so now is a good time to look at the <u>possibilities</u> that you can make happen.

Planning a celebration? Perhaps a wedding? Here are <u>75+ Tips for Having a Zero-Waste Wedding</u>. Many of the ideas apply to any big party. When the event is over, you can also **celebrate your commitment and your witness** to caring for God's creation.

Are you planning to remodel or to replace appliances soon? Prioritize <u>selections</u> that **contribute to energy efficiency.** Upgrade your home to care for your other home: Earth.

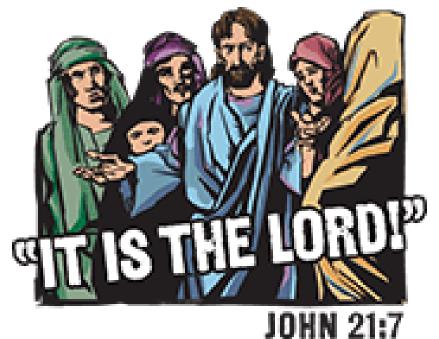
Spring weather means shedding heavy winter clothes. Evaluate your wardrobe for items to donate. Plan to **visit local thrift shops** both to take your donations and to find treasures that fit your fashion sense, your budget, and your commitment to reuse. Too often a purchase made online gets returned and doesn't go back into stock but ends up in a landfill. You can avoid that, support a local business, and feel good about what you wear.

**Plan now for your Earth Day witness**. The 2024 event is April 22, but now is your opportunity to engage others in planning for an occasion that raises awareness and sparks action. Find a few interested people, locally or online, dream big, get others onboard, and plan a day to remember. The theme is <u>Planet vs. Plastic</u>. Have some serious fun with that!

In 1 Corinthians 3:6 Paul wrote, "I planted, Apollos watered, but God gave the growth." Continue to do your "planting" for creation care and justice. Others will assist, and God will give the growth. **Your job is to be faithful in your task even if you don't see results.** Trust God to be faithful too.

The United Methodist Creation Justice Movement is providing these Tips as a tool to equip church members, families, and individuals to respond to God's call to care for creation and do justice with our neighbors. For more about the UM Creation Justice Movement, go to umcreationjustice.org.

# **Church School News**

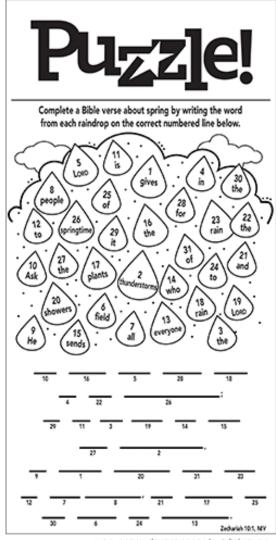


# **Important Dates**

March 3rd: Communion Sunday, children begin in church school March 31st: Easter Sunday, no church school

## **Sunday School Registration**

To register go to the Children & Youth page under Education on the church website (<u>amumc.org</u>). You will find a form you can print and fill in and an online form if you prefer registering online. Use either one to register.



Our new unit this month is titled "Breakfast on the Beach".

**Main Idea:** After the Resurrection the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.

**Objectives:** Children will have opportunities to:

\*Meet the resurrected Jesus in their own lives.

Recognize the presence of Jesus Christ in their everyday lives.

\*See the love and hope of Jesus in the faces and actions of other people.

Bible Verse: It is the Lord! (John 21:7)

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## **Our Amplify Website:**

# https://my.amplifymedia.com/arnoldmillsumccumberlandri

Access Code: DTLSGY

# SPRC News

Our committee includes Olivia Carney, Sue Therien, Sandy Ferretti and Cindy Mauch. (Updated 1/4/2024)

If you have any questions, comments or concerns having to do with the staff of the parish feel free to see any member of the committee or you can email us at <a href="mailto:amumcsprc@gmail.com">amumcsprc@gmail.com</a>



## Arnold Mills UMC's Social Media

<u>Find us on social media!</u> We are on Facebook and on Instagram.

Facebook at https://www.facebook.com/Arnold-Mills-United-Methodist-Church-115722435105941 Twitter at https://twitter.com/ArnoldMills\_UMC

Instagram at https://www.instagram.com/arnold\_mills\_umc

Listen to sermons on our website at http://www.amumc.org

# Prayer Requests

Prayer requests are sent out each week to every address on our email list. We understand that not everyone who asks for prayer in worship during "Sharing Our Joys and Concerns" wishes to have that information shared on the email blast. If you would like to have a prayer request included in the weekly email, please use the "Prayer Request" form on the table in the back of the sanctuary, call the office at 401-333-5203, or email <u>office.amumc@gmail.com</u>. Prayer requests will remain on the prayer list for one month. If you would like a prayer request to remain longer, just let us know.

# AMUMC Upcoming Events March

Fri Mar 1: World Day of Prayer Wed Mar 6 - 6:30 PM: Habitat Committee Meeting Sun Mar 10: UMCOR Sunday Sun Mar 10: Daylight Savings Time Begins Thu Mar 14 - 6:30 PM: Trustees Meeting Sun Mar 17: St. Patrick's Day Mon Mar 18 - 7:00 PM: Church Council Meeting Thu Mar 21 - 7:00 PM: July 4th Parade Committee Sun Mar 24 - 10:00 AM: Palm Sunday Service Thu Mar 28 - 7:00 PM: Holy Thursday Service @ Shepherd of the Valley UMC Fri Mar 29 - 7:00 PM: Good Friday Service Sun Mar 31 - 10:00 AM: Easter Sunday Service

Remember, Sunday Worship Time is now 10:00 AM!

The Church Calendar is available at amumc.org under Church News.



Arnold Mills United Methodist Church 690 Nate Whipple Hwy. Cumberland, RI 02864

Phone: 401-333-5203 E-mail: office.amumc@gmail.com Rev. Heather R. Bailes Baker





You are welcome. Join us for Worship on Sunday! Worship and Church School begin at 10am in the sanctuary Livestreaming of our worship service will be available during the service for those who do not attend the service in person. After each service the video will be archived for viewing anytime.

Check out our webpage at www.amumc.org