

# Good Tidings

July 2022



## Arnold Mills United Methodist Church

Rev. Heather R. Bailes Baker

Web Page: [www.amumc.org](http://www.amumc.org)

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Happy New Year! July 1 marks the beginning of the appointment year in the United Methodist Church. Together we begin a new year of shared ministry ripe with potential and possibility. I'm Heather Bailes Baker and I'm grateful to have been appointed to Arnold Mills UMC. I look forward to meeting and serving alongside each of you.

Originally from West Virginia, I have served churches in California, Western Massachusetts, and Eastern Connecticut. Most recently, I have served alongside the people of the United Methodist Church in Osterville, Mass. on Cape Cod for six years. A fourth generation Methodist, I am the great-granddaughter of one of the last circuit-riding preachers of our Methodist tradition. I grew up in two small, rural churches that took very seriously the vows of baptism. In word and action, they made real for me the love and grace of God.

I attended Syracuse University, where I met my husband, Sam Baker and experienced a call to ordained ministry. After Syracuse, I attended the Pacific School of Religion in Berkeley, California. Sam and I were married on a San Francisco beach, two days before I graduated from seminary. Originally from England, Sam grew up in Western New York. He works as a freelance graphic designer from home, and has been very supportive of my ministry, asking tough questions and rarely letting me off the hook with easy answers. Sam has also provided companionship, emotional and technical support through the challenges and opportunities of the pandemic.

Sam and I have two children, Eleanor and Charles. Ellie is 14 and will start ninth grade in the fall. Charlie is 12 and will start seventh grade. While each of my children are unique, they both enjoy time outside and are active in the school drama program. I'll let them introduce themselves at their own pace, as they feel comfortable.

In my free time, I love to read. Sam and I both read a lot, including science fiction, mystery, biography and historic fiction. I'll read almost anything except books where animals are harmed. I love recommendations. I also enjoy time outside, movies, games, playing with my children, and a great cup of coffee.

As we move into the parsonage and community, I'd love to learn more about you, the church and community through your eyes. I look forward to visiting with you where you're comfortable: your home, the church, a local coffee shop, or we can walk and talk. I hope we can schedule time for walks around the community as you show me your favorite spots. I look forward to hearing your stories of life and faith, and discovering together how God is calling us to BE the church together.

See you soon!

Peace,

A handwritten signature in blue ink that reads 'Heather R. Bailes Baker'.

PS. Please know I join you in praying for Rev. Arlene as she begins her work as a District Superintendent. Arlene and I served together on the Seacoast District Committee on Ministry. I so appreciated her gifts for excellent questions and speaking truth with grace and love. I'm sure she'll use these and her many gifts well in her new appointment.



## July 4<sup>th</sup> Celebration Planning—We need your help!

Planning for AMUMC support for the July 4<sup>th</sup> Nate Whipple Highway road race and parade for 2022 has begun! As in years past our church members sell food items and beverages for the gathering crowd. Here are ways you can help!

\* Donate bottled water and mainstream canned or bottled soda. Please bring the cases to the dish washing room between now and Friday, July 1st when George Jutras is in the office on Tuesdays through Fridays between 9 AM and 1 PM or on a Sunday when the church is open for services. Any questions, please

contact Chip Thurlow; [thurlowcp@aol.com](mailto:thurlowcp@aol.com); 401-333-1235.

\* Bake brownies, muffins or cookies. You can leave baked goods in the kitchen freezer, or bring them on Sunday July 3<sup>rd</sup>.

\* Donate 1 or 2 whole watermelons, which can be left on the kitchen counter on July 3<sup>rd</sup>.

\* Volunteer to help out! We need helpers to set up, serve hot dogs and drinks, and manage the cash box sales. Please contact Cindy Mauch at [camauch@gmail.com](mailto:camauch@gmail.com) with any questions or to volunteer. Thank you for supporting this fun event at our church! See you there!



## New Small Groups forming soon! How is your spiritual life?

Recently 7 church members attended a training conducted by Pastor Arlene on how to be a group leader for a new-to-us type of small group. Often called class meetings, Wesley fellowship groups, or faith support groups, this type of small group was begun by John Wesley to connect people in fellowship and provide support for each other along their faith journeys. We are planning to start a daytime group during August and an evening group in the fall.

Our new groups will each have a maximum of 10 to 12 people and meet for an hour or so every two weeks. We will be focusing on the topic of “How is your spiritual life?” In Wesley’s time, he may have asked “How is it with your soul?” This is an opportunity to connect and journey together as we grow in faith. Please note that these groups are not Bible studies or book studies, which will continue to be offered.

We will be starting these groups with a minimum 6 meeting time commitment by group members. Many churches find that these groups continue on an ongoing basis.

Stay tuned for more information and how to sign up!

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## AMUMC Social Justice Team

The Social Justice Team continues to meet with representatives (clergy and lay) from other churches across Rhode Island as we develop our structure and strategies to take action. The initiative is working under the name of “Hearts for Social Justice” which was inspired by the many stories shared during our meetings and at the Camp Aldersgate retreat in May. Though our hearts are breaking as we see the injustice around us, we work to mend our hearts through love and action. We also met with Betsy Garland and Clarice Gothberg of the Rhode Island United Methodist Association (RIUMA) about our shared interests. Hearts for Social Justice plans to take a very active role in RIUMA, with RIUMA’s structure providing a great launching platform for action. Our next meeting for the Arnold Mills Social Justice team is Monday, July 18th at 7:00 PM on zoom. Feel free to join at <https://us02web.zoom.us/j/84331245925>. If you are interested in learning more, feel free to reach out to Mark Farnell, Cindy Mauch, Dave Larson or others on the team. You can also send your questions or interests to [justice.amumc@gmail.com](mailto:justice.amumc@gmail.com).

## **Care Ministry**

Do you know someone who would appreciate a card or a phone call from us? Our small group would like to provide connection and care to members and friends of AMUMC. Because of the rising Covid numbers, we are not yet going to offer home visits. If you know of someone we should contact, please contact the church office or Keith Johnson, Brittney Lambert, Jean Meikle, Joni Roberts or Johnna Kosnoff. If you'd like to be part of this caring ministry, please let us know.

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## **2022 Arnold Mills Church Directory!!**

The church directory is ready! In order to save paper and expense, we have distributed it electronically to everyone who can receive it that way. However, if you require a paper copy, please contact the office at 401-333-5203 and George can print one for you.

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## **Trustee Report**

Although a June Trustee Meeting was not held, that does not mean that the committee members were not hard at work. Of primary concern this month has been the preparation of the parsonage for our new pastor and her family.

The church's custodian, Acrisio Marques, and his crew have spent days washing all the windows inside and out, as well as deep cleaning the kitchen appliances and cupboards, all the rooms, wood floors, carpeting, porch and deck. Arlene had her hands full with her move to Augusta so we helped her out by having Mr. Marques do the post move-out cleaning.

A bit of decorating has been completed too. The outdated wallpaper in one of the four bedrooms and in the kitchen was stripped, then the ceilings, walls, and woodwork painted by our excellent, dependable painter, Ray Papineau. Our church is lucky to know both men!

We have had two companies into the parsonage to evaluate the possibility of adding a second full bath. We will see...

Other projects include the annual servicing of the dehumidifier in the Cargill Hall basement and the air conditioners in the church office. They both are now up and running.

The outdoor lamp posts are in the process of being restored by Renaissance Lighting.

Stanley Tree Service has given us an estimate on taking down a large, unhealthy pine tree on the right side of the parsonage. They will also grind out the stump and trim another pine.

The roadside sign is being updated with Pastor Heather's name and the board with the summer worship time was installed.

The fire alarm system received its quarterly inspection by Eastland Electric in June.

The annual insect spraying has been completed at the church and parsonage.

And lastly, the parsonage septic system has been pumped. Due to lack of usage, the church was fine.

Feel free to contact any trustee with concerns. We are here for you!

Respectfully submitted,

Lindsay Gettinger and Fran Carr, Co-chairs

Scott Murphy, Tom Cabana, Tom Hetherington, Dave Larson, Matt Cedor, Mark Farnell.

# Missions Committee Newsletter Report

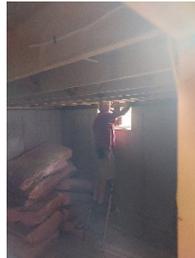
July 2022

## Meals in the Park

Save the dates! Arnold Mills United Methodist Church continues to host the community meals at Bouley Field in **Woonsocket**. **Sunday July 10th from 12 PM to 1 PM is the next scheduled date.** We are anticipating about 140 meals to be served. Please call to reserve your space to assist in the food preparation. We always can use some cookies or brownies for this event. Thank you again for your service to our neighbors in need. Karen Oswain 401-333-2166 or [kkoswain@netscape.net](mailto:kkoswain@netscape.net). The **future meal date is Sunday, August 7th.**

## Habitat for Humanity

Habitat for Humanity Northern RI and West Bay Affiliate is celebrating their 30-year anniversary this year! The current project is **83 & 85 Oakland School Street in Burrillville, RI**, which will be a duplex - two housing units connected by one central wall. On **Saturday, June 18th**, five members and friends from AMUMC volunteered at the work site and installed new electrical wiring for the outlets, used soft sandpaper on the 12 doors of rooms and bathrooms to leave them for painting and preparation for the balcony installations. The next volunteer day for AMUMC members and friends is **Saturday, July 16<sup>th</sup>**. If you have any questions, please contact Chip Thurlow: [thurlowcp@aol.com](mailto:thurlowcp@aol.com), 401-333-1235



The AMUMC Work Crew:

- #1) Sam Burgos;
- #2) Marianne Alger;
- #3 David Alger;
- #4 Bob Dagesse;
- #5 L/R: Joe - Habitat Supervisor, Sam Burgos, David & Marianne Alger, Linda & Bob Dagesse.

## The Franklin Farm Community Garden and the Historic Metcalf-Franklin Farm Preservation Association

The Franklin Farm volunteers are actively planning for the 2022 growing season! In June local groups volunteered at the Farm to assist with the various tasks in preparation for the upcoming season and to learn about the opportunities to explore the Franklin Farm property. Local girl scout troop and members of the Foster Forward Program that provides support for foster families in Rhode Island. **Tending nights have started on Mondays and Thursdays from 5:30 PM to dusk. There are coordinators available to provide instruction and appropriate tools to perform the various tasks as the volunteers prepare for the 16<sup>th</sup> season of raising farm fresh vegetables for needy families in Rhode Island.** You can park by the barn complex and enjoy the beautiful outdoor open space. Any questions, please contact Pam or Chip Thurlow; 401-333-1235, [thurlowcp@gmail.com](mailto:thurlowcp@gmail.com)

## Dave's Marketplace Day Old Bakery Donations

**The Monday, Wednesday and Friday transporting of day-old baked goods from Dave's Marketplace at Chapel Four Corners continues to various community organizations!** Thanks to Rachel and Elton Odom, Lynne Janke, Lu Mitchell, Rich Bizier, Chip Thurlow and our most recent volunteer - Joni Robert for making the deliveries usually to the Cumberland Senior Center at the Monastery. Please contact Chip Thurlow if you have any questions: [thurlowcp@aol.com](mailto:thurlowcp@aol.com); 401-333-1235.

## Cintas Clothing Donation

The Cintas clothing and our church donations to the St. James Episcopal Church Clothing Closet will continue as the scheduling permits. Any clothes placed in the bins at church will be added to the donations. If you have any questions, please contact Chip Thurlow: [thurlowcp@aol.com](mailto:thurlowcp@aol.com); 401-333-1235.



Chip Thurlow,  
Chairperson, AMUMC Missions and Social Concerns Committee

## The Margaret Stearns Service Award for 2022

The Margaret Stearns Service Award Committee members invited Connor Enestvedt and his family members to attend the Graduation Service at AMUMC on Sunday, June 12<sup>th</sup>. Connor shared his extensive community service experiences and his commitment to continue community service efforts in the future. Connor is a graduate from Cumberland High School and was ranked fourth in his class. He is an Eagle Scout Award recipient from Troop One Arnold Mills, is receiving his Emergency Medical Technician certificate and is exploring a career as a Physician's Assistant. Connor is a long-term volunteer at Franklin Farm and an active member of St. John Vianney Church. Connor plans to attend Providence College this Fall and major in Biology.



L/R Lee Ann Cotta; Chip Thurlow;  
Connor Enestvedt; Marianne Alger;  
Unable to attend: Chuck Tramontana



L/R Will Enestvedt; Chip Thurlow;  
Connor Enestvedt; Caroline Enestvedt;  
Molly Enestvedt

Margaret Stearns Award Committee Members

Chip Thurlow, Lee Ann Cotta, Marianne Alger and Chuck Tramontana

## Creation Justice Tips for June 2022

**As a church, WE CAN focus on love.** As we love God, the Creator, we care for God's creation. As we follow the Great Commandments, we love our neighbor, seeking justice especially for those humans and non-human animals and organisms that are harmed by the climate crisis.

**As a church, WE CAN learn and teach.** Recognizing creation justice as a faith issue, we seek to understand the connections between science, the natural world, and our call to be good stewards. We can program in the church and via Zoom to learn from and discuss videos, books, curriculum, speakers with expertise, and experiences that give firsthand knowledge.

**As a church, WE CAN embrace zero-waste.** By setting out recycling bins, we send an important message and help people recycle worship bulletins and paper from offices. By setting up a composting system, after meals together we can keep food waste from landfills and return the nutrients to the soil.

**As a church, WE CAN reduce greenhouse gas emissions** that cause climate change. Switching to teleconferencing for more meetings allows broader participation with less gasoline usage. Switching from printed paper to email, website, and other electronic messaging keeps members connected without cutting down trees. Switching to bamboo toilet paper that is not wrapped in plastic also saves trees, which naturally reduce carbon dioxide in the atmosphere.

**As a church, WE CAN plant for the future.** Pollinators are essential—and endangered. We can plant butterfly gardens, eliminate pesticides and fertilizers, and use native plants. When we also engage children and youth in sharing seeds and starts and in planting, we help the next generation love and care for nature.

**As a church, WE CAN make our building more energy efficient.** Learning from a good look at both the building and the energy usage data, we can identify and fix energy leaks around windows and doors, change to LED lighting, explore the possibility of solar or geothermal energy alternatives, and pass along what has been learned to help congregation members make their homes more efficient too.

**As a church, WE CAN consume less meat.** Helping members understand the connections of meat to climate change, including land use costs and greenhouse gases, makes more meatless dishes more likely at potlucks. Sharing meatless meal recipes and menus encourages cooking that is healthier for people and planet.

**As a church, WE CAN clean up.** Within the building, we can look through closets and unused rooms to find and recycle or donate for reuse items that are no longer needed. Outside the building, we can organize clean-up for a nearby road or waterway and use the event to teach the community about creation care.

**As a church, WE CAN collaborate with others** for the sake of creation justice. We can choose a partner (another congregation or a secular organization) that can magnify the efforts of the congregation through education, people power, funding, visibility, or outreach. When we identify a project and pitch in, together, we can make a bigger difference.

**As a church, WE CAN speak up.** By incorporating creation justice in sermons and liturgy in addition to special times like Earth Day or the Season of Creation, worship leaders can raise awareness of God's charge to humanity to tend the "garden" we have been given to steward. By facilitating advocacy efforts (letters, emails, phone calling), we can help people become prophets, speaking God's word to those who have power to change systems that perpetuate harm and injustice.

# Church School News

## Freedom

Each one of us is  
born most free  
And we alone can  
choose  
To do what God  
would have us do,  
To use what God  
would use.



Let Freedom Ring!

Or we are also free to seek  
The proud and selfish way —  
A life where other gods come first  
To reign and hold full sway.

But when we follow where Christ leads,  
We find that freedom's place  
Is really in God's will for us,  
And we have chosen GRACE!

—Peggy Ferrell, *Prayers and Poems*

## Important Dates

July 4: Independence Day  
July 4: 4th of July Parade

## Sunday School Registration

This year we are adding an electronic form for anyone who prefers registering online. Just go to the Children & Youth page under Education on the church website and look for the online form.

## Puzzle!

Solve this cryptogram puzzle, using the clues R=I and M=T, to complete Psalm 111:10, NIV.

MYL CLOQ ZC MYL  
PZQN RV MYL  
HLDRFFRFD ZC GRVNZU;  
OPP GYZ CZPPZG  
YRV BQLTLBMV  
YOKL DZZN  
JFNLQVMOFNRFD  
MZ YRU HLPZFDV  
LMLQFOP BQORVL  
PSALM 111:10, NIV

Answer: The fear of the Lord is the beginning of wisdom; all who follow his precepts have good understanding. To him belongs eternal praise. Psalm 111:10, NIV



Here's who's having a birthday this month:

July 19th: Kaliyah Prochniak

July 25th: Jack Sepe

God Bless you all on your birthday and the coming year!

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<https://my.amplifymedia.com/arnoldmillsumccumberlandri>

**Access Code: DTLSGY**

### Upcoming Events

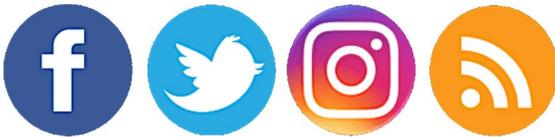
July 4: Independence Day  
July 4: 4th of July Parade  
July 14: Board of Trustees Meeting  
July 18: Church Council Meeting  
July 21: Cemetery Association Meeting

### SPRC News

Our committee also includes Lee Ann Cotta, Stacey Johnson, Joyce Fox, Sandy Angell and Anne Hetherington.

If you have any questions, comments or concerns having to do with the staff of the parish feel free to see any member of the committee or you can email us at [amumcsprc@gmail.com](mailto:amumcsprc@gmail.com)

### **Arnold Mills UMC's Social Media**



**Find us on social media!** We are on Facebook where you can read Pastor Arlene's Daily Reflection and on Instagram.

Facebook at <https://www.facebook.com/Arnold-Mills-United-Methodist-Church-115722435105941>

Twitter at [https://twitter.com/ArnoldMills\\_UMC](https://twitter.com/ArnoldMills_UMC)

Instagram at [https://www.instagram.com/arnold\\_mills\\_umc](https://www.instagram.com/arnold_mills_umc)

Listen to sermons on our website at <http://www.amumc.org>

Subscribe to sermon podcasts at <http://www.buzzsprout.com/434047>

### Prayer Requests

Prayer requests are sent out each week to every address on our email list. We understand that not everyone who asks for prayer in worship during "Sharing Our Joys and Concerns" wishes to have that information shared on the email blast. If you would like to have a prayer request included in the weekly email, please use the "Prayer Request" form on the table in the back of the sanctuary, call the office at 401-333-5203, or email [office.amumc@gmail.com](mailto:office.amumc@gmail.com). Prayer requests will remain on the prayer list for one month. If you would like a prayer request to remain longer, just let us know.

| SUN  | MON   | TUE  | WED       | THU  | FRI          | SAT       |
|--|---|--|-----------|--|--------------|-----------|
| <p>26</p> <p>3rd Sunday after Pentecost</p> <ul style="list-style-type: none"> <li>9:30am Indoor Sunday Service</li> <li>12pm Meals in the Park - Bouley Fiel</li> </ul> | <p>27</p> <ul style="list-style-type: none"> <li>7pm Boy/Girl Scouts Troop - Cargill H</li> </ul>     | <p>28</p> <ul style="list-style-type: none"> <li>John Wesley's Birthday</li> <li>7pm Scout Committee - Zoom</li> </ul> | <p>29</p> | <p>30</p>  | <p>Jul 1</p> | <p>2</p>  |
| <p>3</p> <p>4th Sunday after Pentecost</p> <ul style="list-style-type: none"> <li>9:30am Communion Service</li> <li>9:30am Outdoor Sunday Service</li> </ul>             | <p>4</p> <ul style="list-style-type: none"> <li>Independence Day</li> <li>Independence Day</li> </ul> | <p>5</p>   | <p>6</p>  | <p>7</p>   | <p>8</p>     | <p>9</p>  |
| <p>10</p> <p>5th Sunday after Pentecost</p> <ul style="list-style-type: none"> <li>9:30am Outdoor Sunday Service</li> </ul>  | <p>11</p>   | <p>12</p>  | <p>13</p> | <p>14</p> <ul style="list-style-type: none"> <li>6:30pm Board of Trustees - Cargill H</li> </ul> | <p>15</p>    | <p>16</p> |
| <p>17</p> <p>6th Sunday after Pentecost</p> <ul style="list-style-type: none"> <li>9:30am Outdoor Sunday Service</li> </ul>  | <p>18</p> <ul style="list-style-type: none"> <li>7pm Church Council - Zoom</li> </ul>                 | <p>19</p>  | <p>20</p> | <p>21</p> <ul style="list-style-type: none"> <li>7:30pm Cemetery Association Meeti</li> </ul>    | <p>22</p>    | <p>23</p> |
| <p>24</p> <p>7th Sunday after Pentecost</p> <ul style="list-style-type: none"> <li>9:30am Outdoor Sunday Service</li> </ul>  | <p>25</p>   | <p>26</p>  | <p>27</p> | <p>28</p>  | <p>29</p>    | <p>30</p> |
| <p>31</p> <p>8th Sunday after Pentecost</p> <ul style="list-style-type: none"> <li>9:30am Outdoor Sunday Service</li> </ul>  | <p>Aug 1</p>  | <p>2</p>   | <p>3</p>  | <p>4</p>   | <p>5</p>     | <p>6</p>  |



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Check out our webpage at [www.amumc.org](http://www.amumc.org)

We invite all to our regular Sunday Services:

Starting June 19 Sunday Services are at 9:30 a.m. only.

Outdoor Worship will begin on July 3.

8:30 a.m. – Quiet, reflective service with communion each week.

10:30 a.m. – Thoughtful service, public celebrations and prayer concerns,

and

Holy Communion celebrated the first Sunday of each month.

Livestreaming of the 10:30 worship service will be available during the service for those who do not attend the service in person.

After each service the video will be archived for viewing anytime.