"Lift Up" Lent 5

GATHERING UP

Music for Centering
Warm Up and Welcome

We Acknowledge What's Up Confession/Assurance

Radically inclusive God, you offer each one of us a life-changing love that leaves no one out.

Sometimes our hearts feel so heavy that we struggle to rise up and claim it. In this moment of quiet, we lift up to you those things we'd like to give up for good... for the sake of The Good.

Musical Meditative Moment

Words of Assurance

In the name of Christ, you are forgiven.
In the name of Christ, you are forgiven.
Glory to God, Amen!

Sung Response

"On Eagle's Wings" 143 UMH

The Peace

As a people forgiven and freed, we reach out to lift others up, offering the peace of Christ. Peace be with you! And also with you!

Opening Song
"Christ Beside Me" 2166 FWS

FILLING UP

The Word Uplifts | John 12: 20-33

(NT P.100)

What's Up? with Children Music for Soaring (Anthem)

Message

BUILDING UP

Up to Something Good Prayers of the People

"Let My Prayers Rise Up"

Let my prayer rise up like incense before you, the lifting up of my hands as an offering to you.

Let my prayer rise up like incense before you, the lifting up of my hands as an offering to you.

The Prayer Jesus Taught

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory forever. Amen.

Uplifting Messages of Support Offering/Offertory

Doxology: "What R U Up 2 for My Sake?"

What are you up to for my sake? What are you up to "for the Good?" Would you come now, follow, join up?

Let us take up, wake up anew, Let us build up, fill up with you!

> Let us lift up the gifts we raise up. For the sake of, for the shape of, heaven on earth.

> > Offertory Prayer

LIVING IT UP

Closing Hymn "To God be the Glory" 98 UMH

Blessing for the Journey Music for Movin' On Up

On your way out, if you haven't already, please pick up a Lenten Devotional. They are located at the tables in the back.

Worship with Us Again
Sunday — March 24
Palm Sunday
Sit Up
John 12: 12-16

Worship Notes

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March 17, 2024

On Eagle's Wings

143



WORDS: Michael Joncas, 1979 (Ex. 19:4)

MUSIC: Michael Joncas, 1979; harm. by Carlton R. Young, 1988

ON EAGLE'S WINGS Irr. with Refrain

Christ Beside Me



WORDS: St. Patrick's Breastplate; adapt. by James Quinn

MUSIC: Trad. Gaelic melody

BUNESS A

