

# Good Tidings

September 2023



**Arnold Mills United Methodist Church**

Rev. Heather R. Bailes Baker

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## ***A note from our pastor...***

Beautiful Beloveds,

Each and every season have their own special sensory wonders. For me, September kicks off fall with the sounds of a marching band, the smell of a freshly sharpened Dixon Ticonderoga #2 yellow pencil, the warmth of a favorite sweatshirt on the first cool evenings, a wood fire, and the crisp taste of a perfectly ripe apple, just off the tree. Church in September is its own sensory experience: the choir warming up as coffee perks, smiles as familiar faces come around the corner, the joyful exuberance of children, and the sound of a sanctuary full of people singing a song they love. It's another new year in the life of the church, and we start it with joy, love and wonder.

As we move from our outdoor worship indoors, we're making some changes to our Sunday Schedule. We will worship at 10am, and will no longer offer worship at 8:30. If you have questions or concerns about this change, I hope you'll set up a time to chat with me or give me a call. I'd love to hear from you. Our church school will also now start at 10am, in the sanctuary. The children will go with their teachers to their classes after we spend some time together and after communion is shared and celebrated.

Our worship series, kicking off September 10, invites us all to "Come to the Table." We'll hear stories of Jesus and the meals he shared with unexpected people. We'll hear stories of how he changed peoples lives over broken bread. It's not surprising is it? So many of life's important moments happen around food. We celebrate life's big moments and small victories with food. We grieve our losses and our loved ones with food. As part of this series, we'll share communion every week, in different ways, September 10-October 1. And that's not all. I invite you to join me at 9am in Cargill Hall. "Come to the Table," for coffee and conversation. You can ask me anything. You can tell a favorite story. You can vent about a rough week. You can ask for prayer. Or, you can just sit and wake up, enjoying the feel, smell and taste of coffee as the church wakes up around you.

As part of our "Come to the Table," experience we're inviting you to share a recipe. Maybe a fall treat or something you make for the Holiday Fair. It could be your favorite coffee hour/potluck contribution that you keep promising to share the recipe. Now's the time. Get your recipe to George in the church office by September 18th, and we'll create a pdf "cook book," of AMUMC's favorite recipes.

Peace,

A handwritten signature in blue ink that reads 'Heather R. Bailes Baker'.

Pastor Heather

## Coming This Month in Worship

### September 3: Seeing God

Exodus 33: 1-23

The End of our Exodus Adventure  
Last outdoor worship of the season

### September 10—Our Worship Time and Place Change

9 am— Coffee and Conversation with the Pastor in Cargill Hall

9:45—Registration for Church School in Cargill Hall (Come and have a cup of coffee)

10 am— Worship & Church School begin in sanctuary

### September 10 — The Table of Hospitality

Romans 12: 9-21 & Matthew 16: 21-28

### September 17—The Table of Love

Romans 13: 8-14 & Matthew 18: 15-20

### September 24 — The Table of Peace

Romans 14: 1-12 & Matthew 18: 21-35

### October 1 —The Table of Joy World Communion Day

Philippians 2: 1-13 & Matthew 21: 23-32

*We will celebrate Holy Communion*

*September 10, 17, 24 & October 1*

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## 2023 World Communion Sunday

### October 1, 2023

In United Methodist Churches around the world, a special offering is collected on World Communion Sunday to fund scholarships for seminarians. One half of the proceeds is for World Communion Sunday Scholars administered by the General Board of Global Ministries. The remaining one half is for the Ethnic Scholarship Program and the Ethnic In-Service Training Program, which are administered by the General Board of Higher Education and Ministry.

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## Holiday Fair 2023—Fun and Fellowship!



### Holiday Fair

It's September, which means it's time to start planning for the Holiday Fair! Mark your calendars for the Fair which will be held on Saturday, November 11<sup>th</sup> this year. Stay tuned for how you can participate in fun activities including apple pie making, candy making, and friendship soup mixing. If you have a new craft idea, we'd love to hear about it!

#### Special Invitations!

This year we have new opportunities to help with "Timeless Treasures" during the week starting Monday, November 6<sup>th</sup> through Friday November 10<sup>th</sup>. If you have daytime availability, please consider helping to sort and price items.

Our Bake Sale and Candy tables need additional volunteers on the day of the Fair. If you like cookies, pies, cakes and candy, this is the place for you!

All volunteer opportunities will be posted in Cargill Hall; sign up and join in the fun.

## AMUMC “Come to the Table” Recipe Exchange

As we move into a new season, share your favorite recipes. Fall treats, potluck perfection, coffee hour homeruns, Holiday Fair items, if you like to make it, eat it, or share it, share the recipe.

Submit any recipe to George, in the church office, office.amumc@gmail.com by September 18. We’ll collect them into an emailable, pdf document to be shared with all of AMUMC.

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## Come to the (Coffee) Table

Join Pastor Heather for a cup of coffee and conversation on Sunday mornings 9:00—9:45am. Come with questions or just come for the coffee. Come ask for prayer or for cream and sugar. Come and share how your week is going or just sit quietly for a moment. Come to the (coffee) table and connect.

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## Hearts for Social Justice Retreat

Saturday, September 16, 2023 -- 9 AM to 1PM

Wesley UMC, Lincoln (and online).

Register [here](#) or [neumc.org](http://neumc.org)

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## Why are we here? What is our purpose?

The people of Arnold Mills United Methodist will gather to ponder, pray, and listen for God’s voice as we consider what it means to “BE the Church,” in the 21st century. Join council members and leaders as we ask and answer important questions about who we are, and who we want to be in such a time as this.

Join us **October 14, 10am-2pm, in Bristol, RI** for visioning, discerning, learning and of course, eating together! Our time will be led by Betsy Waters, member of the New England Parish Consultants Network.

## Wednesday Night Study Resumes

September 13, 7pm

*Feeding Our Faith: The Celebration of Eucharist.*

Join us on Zoom as watch and discuss, *Feeding Our Faith: The Celebration of Eucharist*. Eucharist, literally “good grace,” is what some churches call communion. ... There have been many interpretations about what actually happens when Christians receive communion, whether the elements become the “actual” body and blood of Christ or whether the event is only a remembrance of the first communion. ...

In this series, we discuss what communion means in the lives of theologians, authors, and food pantry workers. We will see how the Eucharist goes far beyond the limited “theologies” that people debate about, and how we can only find meaning through an experience of it. In this way, what happens to us in the Eucharist is the more important than what we believe about it. What does it mean to be in the embrace of God and others? How can we embrace this in the bread and the wine?

Let us talk. Let us create.

## Fair Trade Coffee

As part of our commitment to justice, our church is now selling Fair Trade Coffee, partnering with Equal Exchange. We’re offering fairly traded, organic coffee and tea. All coffee will be \$10/bag and all tea is \$4/box.



### We are selling:

- French Roast Ground Coffee
- Breakfast Blend Ground Coffee
- Decaf Coffee
- English Breakfast Tea

If you have special requests, questions or suggestions, please contact Pastor Heather or George Jutras, office.amumc@gmail.com .

*Coffee sales benefit our church and small coffee growers, and help build justice in the world.*

# August Trustee Report

The Trustee Committee met on Thursday, July 13th, at 6:30 PM. The most important items we covered are as follows:

- Our Rockland Trust portfolio is up \$39,516, even after withdrawals for ongoing projects.
- Dave is researching the availability of funds from Interfaith Power and Light to help with paying for our sustainability project of heat pumps and insulation. RISE Energy will be conducting an audit on July 31st.
- An estimate from Lizotte Glass Company for installing glass panels in the office and vestry doors was approved.
- Ocean State Air has sent a corrected statement for servicing the dehumidifier and air conditioning units.
- The second stage of the organ repair has been put on hold.
- Instead of fixing up the playground equipment, the cost of a new unit is being investigated.
- J. Perry Paving has been given a 50% down payment for the repaving, seal-coating, and line-striping project. The small parking lot is scheduled to be done on July 31 and August 1. Hopefully, the large parking lot and driveway work will be completed afterwards. That will depend upon the weather!
- Cargill Hall will be rented on November 4th to a group celebrating Diwali, the Festival of Lights.
- Cargill Hall has been looked at as a possible polling place for the September primary and November elections. We have not heard back from the Town of Cumberland as to whether this will be the case.
- Possible uses of the church's lot next to the fire station were discussed. This discussion will be continued.
- Tom Cabana will be the trustee representative to the Building Security Committee, now forming.
- The White Memorial Family Reunion in Cargill Hall on July 15th was a great event, according to family members. They left the place spotless and will always be welcomed back!
- Stanley Tree Service will be contacted to trim the trees along the driveway and a few other areas.
- The paving, seal-coating and lining of the parking lots and driveway has been completed. We are very pleased with the physical outcome as well as the experience of working with the employees and owners of J. Perry Paving. From start to finish, every person was polite, knowledgeable, prompt, and ready to go above and beyond to please us. Please promote this company if you have a chance!
- To add to the beauty and safety of the church grounds, Stanley Tree Service has trimmed along the driveway and manicured trees on both lawns.
- Handicapped Parking Signs will be installed once new ones are bought. The dumpster will be relocated once an area is cleared for it.
- Another reunion is being held by the Feather family in Cargill Hall on September 16th.

Respectfully submitted,

Lindsay GettingerFran Carr, Scott Murphy, Tom Cabana, Tom Hetherington, Dave Larson, Mark Farnell

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## Arnold Mills Cemetery Trivia

Karl Ikerman

Headstone Tips: Make a sketch now so your family will know what you want. Consider size, shape, material, color, message, finish & foundation. Fees start at \$1500 average and increase rapidly.

# Missions Committee Newsletter Report September 2023

## Meals in the Park

Our next meal is **Sunday September 24th at Bouley Park, Social Street, Woonsocket** where we will be serving **meatball grinders, sausage and pepper grinders, pasta salad and fruit salad**. Please feel free to join the Saturday prep at 9:00 am in the church kitchen and or in the park on Sunday to serve. We are looking for plastic grocery bags to package the meals. (**Not** encouraging anyone to switch from reusable to plastic bags while shopping, but if you happen to have that grocery bag filled with more grocery bags we will gladly use them) Any questions, please contact Karen Oswain at [KKoswain@netscape.net](mailto:KKoswain@netscape.net); 401-749-3609

## The Franklin Farm Community Garden and the Historic Metcalf-Franklin Farm Preservation Association

The volunteers at Franklin Farm have donated over 28,000 pounds of summer squash, cucumbers, zucchini, eggplant, tomatoes and additional vegetables to the RI Community Food Bank and the Northern RI Food Pantry, the Salvation Army of Pawtucket, the Pawtucket Soup Kitchen, the Connecting for Children and Families Food Pantry in Woonsocket and the New Beginnings Kitchen also in Woonsocket. **The Monday and Thursday volunteer tending nights from 5:30 PM to dusk are wonderful opportunities to share in this valuable effort to provide farm fresh vegetables for needy families. The annual Harvest Festival is scheduled for Saturday, September 30, 2023 – 10 AM to 4 PM (rain date October 1<sup>st</sup>). There will be pony rides, hay rides, arts & craft vendors, antique tractors, food trucks, musical groups, Audubon raptors, barn tours and lots of exciting events at the Farm.** Any questions, please contact Pam or Chip Thurlow; 401-333-1235, [thurlowcp@gmail.com](mailto:thurlowcp@gmail.com)



## Habitat for Humanity

Habitat for Humanity Northern RI and West Bay Affiliate is celebrating their 30-year anniversary this year! The current project is to erect **two** duplexes at **83 & 85 Oakland School Street in Burrillville, RI**. The first duplex is still waiting for permits to be issued for occupation. The second duplex foundation will be installed in the next few weeks and then the volunteer groups can be assigned the various construction tasks. **We will notify AMUMC volunteers when we can return to the work site as we have done previously.**

## Cintas Clothing Donation and the St. James Episcopal Church Clothing Closet

The twice monthly clothing donations continue from the Cintas Warehouse in Woonsocket to the St. James Church clothing closet. The delivery schedule is posted in the coat room. Our volunteer coordinators provide the largest clothing donations to the St. James Clothing Closet!

## Dave's Marketplace Day Old Bakery Donations

Since 2016, volunteers from AMUMC have transported day old baked goods three times each week to the Cumberland Senior Center, the Northern RI Food Pantry or the Woonsocket Shelter. The schedule of the three donations each week and the many volunteers making the deliveries is posted on the bulletin board in the coat room.

## The Woonsocket Shelter

The Woonsocket Shelter has received donations of persons care items and household items (sheets, towels, quilts, curtains, etc.) for families to relocate into independent living when they leave the shelter. In addition, AMUMC volunteers have been donating day old baked goods from area supermarkets – currently Dave's Marketplace – for over 15 years to the shelter. On Fridays, Elton and Rachel Odom make the weekly deliveries to the Shelter.

Chip Thurlow,  
Chairperson, AMUMC Missions and Social Concerns Committee



## Tips for September 2023

Use the worship materials for the [Season of Creation](#) (September 3–October 1) as a way of teaching all generations, especially the children through the “Children’s Ministry Ideas” for each of the Sundays. Continue to find ways in **worship in all seasons to assert that creation care is God’s calling to all.**

Be sure to walk the talk. **What are children and youth learning from the church’s practices?** Are recycling bins visible? Are meals served on washable dinnerware—not plastic or Styrofoam? Is food waste composted? Is there a bike rack providing an alternative to driving? Young ones are watching.

**Does the church have a vegetable garden?** Invite young people to help with the planting, tending, and harvesting. Point out the wonders of growing things, as well as the justice of sharing with those in need. Check out [Harmony Creation Care Curriculum](#), by United Methodist [EarthKeepers](#), Rev. Crystal Paul-Watson and her mom, Lavanda Paul.

**Does the church have a pollinator garden?** Check on it regularly as an “I-spy” adventure or an art activity. Do the children see the bees and butterflies? The array of bright colors? Talk about the importance of even a tiny insect for creating food and delight. Talk about how the church is committed to taking care of God’s creatures. Share the books, [The Thing About Bees: A Love Letter or Honey Bee](#).

**As the church plans mission trips, field trips, or retreats, think through the opportunities to practice sustainability,** including asking everyone to bring refillable water bottles, providing ways for the group to minimize or compost food waste and reduce the use of paper products, and choosing a closer location and a method of transport that will reduce emissions. Encourage participants to be mindful of their impact.

School is starting. If you have pick-up duty, **keep the car engine off while you wait.** Emissions from idling cars spew unseen particulates into the air, which research has shown negatively affects the cognitive performance of children. Get out of your car, enjoy the weather, and meet other parents, grands, and nannies. Tell them—and your children—why you don’t let the engine run.

**Investigate what is happening to unused food from the school.** Some schools have a “share table,” allowing the children to leave fruit, milk, and any other packaged food they choose not to eat so that it can be refrigerated and shared with a community feeding program. This practice helps with hunger, teaches caring for others, and reduces food waste, which is 40% of most landfills. When children learn this mindset, they bring it home too.

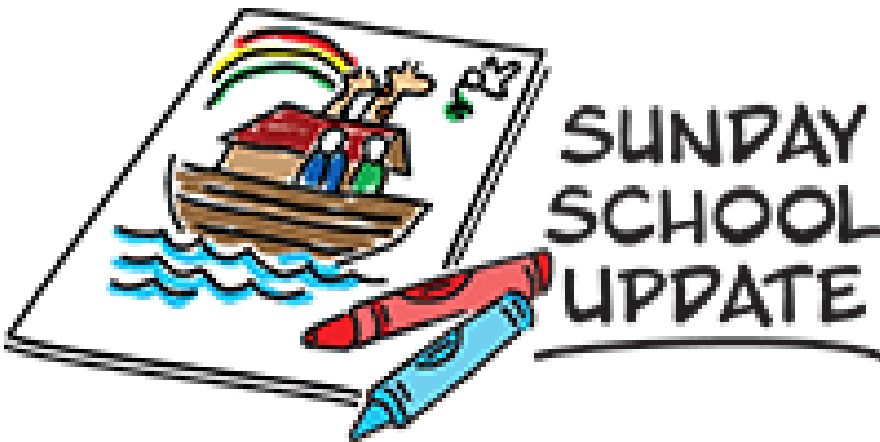
Join other parents to **advocate for opportunities for students to experience nature firsthand**, including school gardens and field trips for a deeper immersion into the natural world. Invite your child to talk about the adventure and name it as part of the wonder of God’s gift and call to us to be good stewards.

**For the sake of a better future, tackle a big project**, such as advocating for the school bus fleet to be electrified, the roof of the school—or church—to host solar panels, or multiple trees to be added to the campus. Big projects take time and commitment, but they have big dividends for the future and bring multiple opportunities to talk about caring for creation.

Rake leaves this fall as a family, as a group of friends, or as a church youth group helping someone. Look for ways to **turn the leaves into mulch** so they continue to feed the soil, rather than bagging them and sending them to the landfill. Talk about the process God supplies for continuing to nourish the land, which in turn nourishes all of life.

The United Methodist Creation Justice Movement is providing these Tips as a tool to equip church members, families, and individuals to respond to God’s call to care for creation and do justice with our neighbors. For more about the UM

# Church School News



## Important Dates

September 10: Rally Day; 10:00 AM

## Sunday School Registration

To register go to the Children & Youth page under Education on the church website ([amumc.org](http://amumc.org)). You will find a form you can print and fill in and an online form if you prefer registering online. Use either one to register.

The church school is looking forward to beginning the new school year on Rally Day, September 10th, 10:00 AM.

Registration will be in Cargill Hall beginning at 9:45, you can fill a form out in person or you can fill it out ahead of time online. See instructions on the right to register.

**Pre-k class:** 3 & 4 year olds

**Middle/High school class:**

6th grade and higher.

This class will meet bi-weekly

**Rotational Workshops:**

Grades K - 5th grade

(Art, Cooking, Games, Science, Storytelling, Video)

Units that will be taught this school year are:

**Bible Teachings: The Shema and the Beatitudes**

**Living God's Word: Forgiveness**

**Christmas Around the World**

**Living God's Word: Respect**

**Breakfast on the Beach**

**Living God's Word: Acceptance**

\*\*\*\* Anyone who would like to be a part of the church school as a workshop leader of adult helper, please send an email to [leann.cotta@gmail.com](mailto:leann.cotta@gmail.com).

## Puzzle!

Use the clues to discover the names of some Old Testament prophets. Then unscramble the circled letters to describe what prophets are.

I was called to preach to the people of Nineveh but ran from God instead. (My book is #32 in the Bible.)

--- ( ) ---

I spoke God's message when the temple was being built. (My book is #37.)

--- ( ) ---

Israel's unfaithfulness to God is compared to my unfaithful wife. (My book is #28.)

--- ( ) ---

My book predicts punishment for wickedness and promises comfort. (It is #23.)

--- ( ) ---

I had dreams and visions. (My book is #27.)

--- ( ) ---

Because of my predictions, I was often in danger and angered officials. (My book is #24.)

--- ( ) ( ) ---

I was a shepherd from Judah who called people to turn to God and leave their selfish lives. (My book is #30.)

--- ( ) ---

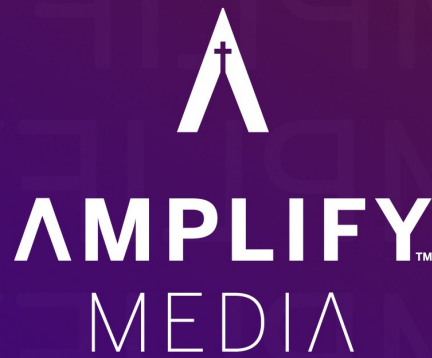
My book contains descriptions of strange visions. (It is #26.)

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PROPHETS ARE \_\_\_\_\_

Answers: Jonah, Haggai, Hosea, Isaiah, Daniel, Jeremiah, Amos, Ezekiel, Messengers

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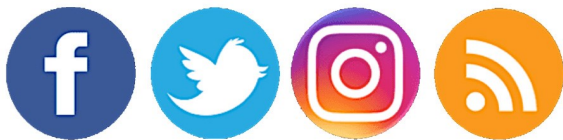
<https://my.amplifymedia.com/arnoldmillsumccumberlandri>

**Access Code: DTLGY**

### **SPRC News**

Our committee includes Stacey Johnson, Lee Ann Cotta, Cindy Mauch, Sue Therien, and Olivia Carney.  
(Updated 6/6/23)

If you have any questions, comments or concerns having to do with the staff of the parish feel free to see any member of the committee or you can email us at [amumcsprc@gmail.com](mailto:amumcsprc@gmail.com)



### **Arnold Mills UMC's Social Media**

**Find us on social media!**

We are on Facebook and on Instagram.

Facebook at <https://www.facebook.com/Arnold-Mills-United-Methodist-Church-115722435105941>

Twitter at [https://twitter.com/ArnoldMills\\_UMC](https://twitter.com/ArnoldMills_UMC)

Instagram at [https://www.instagram.com/arnold\\_mills\\_umc](https://www.instagram.com/arnold_mills_umc)

Listen to sermons on our website at <http://www.amumc.org>

### **Prayer Requests**

Prayer requests are sent out each week to every address on our email list. We understand that not everyone who asks for prayer in worship during "Sharing Our Joys and Concerns" wishes to have that information shared on the email blast. If you would like to have a prayer request included in the weekly email, please use the "Prayer Request" form on the table in the back of the sanctuary, call the office at 401-333-5203, or email [office.amumc@gmail.com](mailto:office.amumc@gmail.com). Prayer requests will remain on the prayer list for one month. If you would like a prayer request to remain longer, just let us know.



# **AMUMC Upcoming Events**

## **September**

Sun 9/3 - 10:30 AM: Holiday Fair Meeting

Mon 9/4: Labor Day

Wed 9/6 - 9:30 AM: Prayer Shawl Ministry

Sun 9/10 - 10:00 AM: Rally Day

Wed 9/13 - 9:30 AM: Prayer Shawl Ministry

Wed 9/13 - 6:30 PM: Habitat Committee Meeting

Thu 9/14 - 6:30 PM: Board of Trustees Meeting

Sat 9/16 - 9:00 AM: Hearts for Social Justice Retreat  
Wesley UMC

Sat 9/16 - 9:00 AM: John Feather Family Reunion

Mon 9/18 - 7:00 PM: Church Council Meeting

Wed 9/20 - 9:30 AM: Prayer Shawl Ministry

Thu 9/21 - 7:00 PM: July 4th Parade Committee

Wed 9/27 - 9:30 AM: Prayer Shawl Ministry

Remember, Worship Time changes to  
10:00 AM starting September 10th!

**The Church Calendar is available at**  
**[amumc.org](http://amumc.org) under Church News.**



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Rev. Heather R. Bailes Baker



Come to the Table...Come to Worship...Come back to church.

You are welcome. Join us for Worship on Sunday!

September 3—9:30 am

Our final outdoor worship for the season

September 10—10am

Worship and Church School begin at 10am in the sanctuary

Livestreaming of our worship service will be available during the service for those who do not attend the service in person. After each service the video will be archived for viewing anytime.

Check out our webpage at [www.amumc.org](http://www.amumc.org)